



President's Message

Dear Members and Friends,

How the world has changed ! How wonderful that we can visit our friends and family in their homes again, and breathe in the outside world without masks .

I have had confirmation from Victoria Golf Club today that we can commence our meetings in person on Thursday 11 November as planned. We are still sorting out the exact details, so please everyone carefully read your email about the meeting start time and conditions of entry, so that we can start smoothly . I am very much looking forward to seeing you all again.

Next Thursday 4 November we have our fellowship night at Sandy By The Bay. I think we are almost at capacity. You will need to contact Megan if you still wish to come and haven't yet replied.

On Sunday 7 November we finally launch our Community Market back at Beumaris North Primary School. This opening is the culmination of a tremendous amount of work by Director Chris Mara and the Farmers Market Committee. On behalf of the Club, I would like to thank Chris and all the Committee members . We have over 60 stallholders registered, and I am looking forward to a successful day. Staffing of our markets, including the number of volunteers required, will be assessed over November and December before the rosters for next year are sent out.

Thank you to everyone who replied to the In Gear survey. I will be collating all the replies and using them in our review of Club communications.

SAVE THE DATE - CHRISTMAS PARTY

WEDNESDAY 15 DECEMBER

Our final meeting for 2021 will be at Beumaris Motor Yacht Squadron. Due to the availability of this wonderful venue, we will be having our party this year on Wednesday, not Thursday. Please put the date on your calendar and be prepared to join in the fun !

Yours In Rotary,

Lynda



SERVE TO CHANGE LIVES

Next Meetings

Thursday November 4

Ladies Day, Fellowship 6.30

Sandy by the Bay Steakhouse

Sandringham Club Rooms, Trevor Barker Beach Oval, Beach Road, Sandringham

See Megan's email 1 November for details.

Thursday November 11

VGC

Tony McKenna

Member Talk Part 2: "Days Like This"

Chair::John Beaty

Attendance: Roy Seager, Malcolm Sawle

Thursday November 18

VGC

Ian Riseley PP RI

The Rotary Foundation and COVID-19

Chair: Chris D'Arcy

Attendance: Jim O'Brien, Mark Perelaer

Venue is VGC, 6:50 for 7:00 unless otherwise noted.

Covid rules apply as advised.

Contents

- 1) President's Message
- 2) Club Roles 2022/23, Foundation Conversation
- 3) Easy Venue Checking
- 4) This Week's Speaker
- 5) Club Sponsors
- 7) Club Structure / Photo of Week

Club News

Beumaris Rotary Club Roles in 2022 – 2023

Thanks to everybody who got back to me regarding club roles in 2022 – 2023. I am now a fair way (no pun intended) into building the team that will steer our club in my year as President; hopefully a year full of activity and “Service above Self”. I aim to have the job finished by Christmas so we can start planning for 2022/3 early in the New Year.

I would really like to hear from the folks who have not yet replied. So, please let me know if you would like to continue in the role you currently have or would like to try something new or take on a leadership role for the first time. I can't promise everyone will get their first choice but I will do what I can; Foundation Chair is definitely available. The listing of current roles and committee membership can be found in this bulletin.



Rotary year 2022 – 2023 will be especially notable for two reasons. Rotary International will have its first female President, Jennifer Jones who is a member of the Rotary Club of Windsor-Roseland, Ontario, Canada.

Also the annual Rotary International Conference is scheduled to take place in Melbourne at the end of May 2023. For most of us this will be a once in a lifetime opportunity to experience the wider world of Rotary first hand. I am sure there will be opportunities for us to be involved in the event.

The Rotary Foundation

40 YEAR ANNIVERSARY Rotary District 9810

SERVE TO CHANGE LIVES

'A FOUNDATION CONVERSATION'

Join an online conversation about **The Rotary Foundation**

7.30 - 8.30pm (AEDST)
Tuesday 9th November

Help to launch Centurion Week
Learn about TRF Annual Fund
Welcome RIPN Gordon to Zone 8

Rotary International President 2023 - 2024
Major Donor of the Rotary Foundation
Gordon McNally

Rotary International President 2017-2018
Trustee of the Rotary Foundation
Ian Riseley

Click below to register
<https://us02web.zoom.us/meeting/register/tZArf-6qrj4tHdwnScXTwQ2biIW19W5Eh6obV>

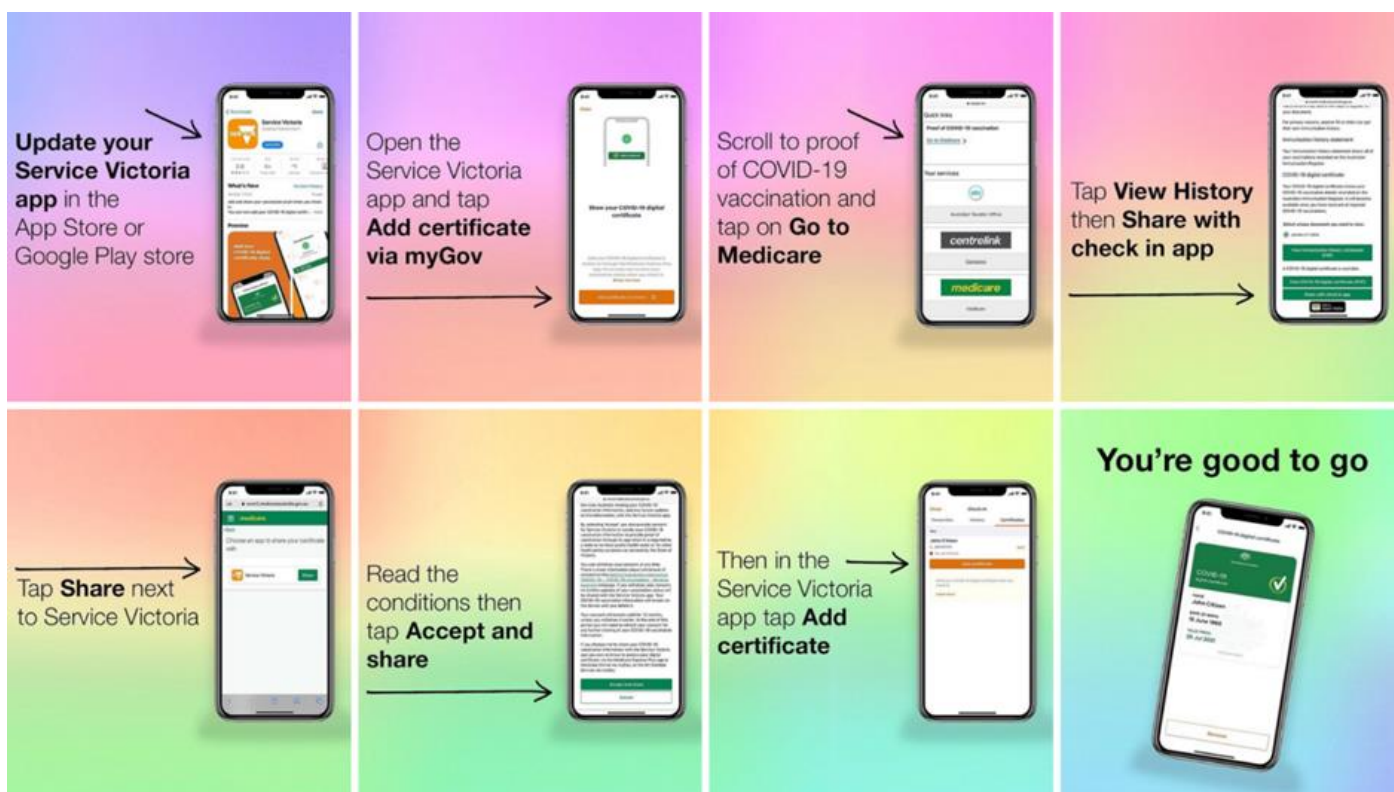
Easy Venue Check In

A super easy way to check in using QR codes and your Service Victoria app is to save places you visit regularly in the Service Victoria app as a favourite. When you visit one of the places you have saved as a favourite, you open the Service Victoria app, go to your favourites, click on location and check in. Takes 5 seconds and you don't need to scan a QR code.

You can also save favourite check-ins from your history list:

- 1) Open the Service Victoria app on your phone.
- 2) Tap the 'clock' icon next to the check-in button.
- 3) You'll see a list of check-ins from the past 28 days.
- 4) Tap the check-in location you want to add to favourites.
- 5) You'll see a confirmation screen with a green tick.

You can now also link your Covid-19 digital vaccination certificate to your Service Victoria app. Your Covid-19 digital vaccination certificate displays upon check in. So if the Government directives require you to show it at any stage, it's nice and easy.



This Week's Speaker

Speaker: Elena Ricciuti
Bayside City Council,
Topic: Bayside Youth Services



Elena Ricciuti from Bayside Youth Services spoke to us on 28th October. Elena was a recipient of our funding for Mental health First Aid training and she thanked us for it. There are over 18,000 young people (10-24) in Bayside, That is one in five people in Bayside are in this cohort. Elena outlined the services Bayside Council provide. These include:

- Youth Mental Health First Aid
- Freeza - various events run by Youth
- Bayside Youth Ambassadors
- Youth Sustainability Leaders
- Training short courses e.g. RSA (Responsible Serving of Alcohol), First Aid.
- Bayside Youth Awards
- Little Fish Big Pond (a Year 6 transition programme)
- Anxiety and stress management workshops
- Level Up (life skills)
- School Holiday Programmes and Activities

These services are available to young people (and their families) who live, work, study or have a significant association with Bayside.

Elena spoke of the Youth Resilience Survey, which we

helped initiate and fund, in Bayside. The most current data from the 2021 survey shows that:

There are many positives in young people's lives, however challenges for both Primary and Secondary include that they can't talk about issues that upset them, they have trouble sleeping, and that they criticise themselves for what is happening. Increasingly young people are feeling anxious and worried and Covid has exacerbated this. An increase in Anxiety and depression can lead to an increase in risk taking behaviours. To help young people Bayside Youth Services provide tools to manage their feelings, e.g. sleep wellness workshops, emphasizing speaking to an adult they trust, emphasizing positive self-talk and compassion, as well as anxiety and stress management programmes and activities. Cooking skills courses have also been much enjoyed.

Richard Jones asked where did Eleni see the accountability for taking action for the results from the Resilient Youth Australia Survey?

Elena saw the RYA results as informing their work as well as using them to advocate for youth. The schools also have to look at the results and following Covid the schools may be able to focus on this.

Di Zarro asked about bullying and Elena noted that online bullying had been more of a focus a few years ago. David informed us that RYA are working on a new initiative on Bullying that we will hear about in due course.

Tony complemented Elena on the depth and extent of the programmes run by Bayside Council and thanked her for a most informative and interesting talk.

For further information: www.bayside.vic.gov.au/services/youth

Trish Smyth

Club Sponsors



GREG HOCKING
BAYSIDE LIVING

The House of Golf.

Mentone

Club Sponsors



Discount for Beaumaris Rotary Members

Beaumaris
Community Bank® Branch



Club Structure

RCOB BOARD

President	Lynda Douch
Secretary	Greg Every
Treasurer	James Glenwright
Club Services & PE	Chris D'Arcy
Past President	Adrian Culshaw
Farmers Market	Chris Mara
Community	Richard Jones
International	Mark Perelaer
Membership	Denise Grocke
Youth	Michelle Butt

Community- Chair **Richard Jones**

Jan Cooper	Mary Cunnington
Jude Kavanagh	Roy Seager
Roy Downes	Jan Cooper
Mary Sealy	Ken Mirams
Chris D'Arcy	Chris Mara
Kerrie Geard	Soula Deville
Malcolm Sawle (Sustainability)	
Gail Anderson	Lois Lindsay
Bridget Hage	

International - Chair **Mark Perelaer**

John Manks	Geoff Stockdale
Fred Hofmann	John Sime
Clem Quick	Simon Kavanagh
Richard Potter	Tony McKenna

David Rushworth

Youth – Chair **Michelle Butt**

Bridget Hage	Simon Kavanagh
Antony Nixon	Trish Smyth
Vivienne Zoppolato	

Indigenous - Chair **David Hone**

Robert McArthur	Chris Mara
-----------------	------------

Membership – Chair **Denise Grocke**

Soula Deville	Malcolm Sawle
---------------	---------------

Club Service **Chris D'Arcy**

Almoners	Julie Reith, Gail Anderson
Archivist	Malcolm Sawle
Attendance	John Beaty
Financial Reviewer	Tony Phillips
Club Protection Officer	Ken Mirams

Newsletter, Website, Facebook

David Lea	
Fellowship	Megan Glenwright
Foundation	Chris D'Arcy
On to Conference	Adrian Culshaw
Speaker Program, Dining & Duties Roster	Bridget Hage

District Officers

Assistant Governor for Monash A Cluster	Chris D'Arcy
District Compliance Officer	Ken Mirams
District Indigenous Support Committee	David Hone

Bayside Charity Golf Day

Peter Flude	James Glenwright
Jim O'Brien	Richard Jones

Farmers Market – Chair – **Chris Mara**

Ken Mirams	Liz Tanzimat
James Glenwright	Charmaine Jansz
Julie Reith	Vivienne Zoppolato

Beautiful sites from around the globe (since we cannot travel), **Loch Ness, Scotland**

Just south of Inverness, this stunning spine of the Scottish Highlands is enclosed by unspoiled forests, plunging waterfalls and ancient sites, making it one of the most beautiful views in the UK.

