



President's Message

Dear Members and Friends,

Many of you received an email last week from District to inform us that the Rotary International Board has agreed to merge District 9810 and District 9820 as at July 2024, if District 9810 does not reach 1100 members by 1 July 2022. All clubs are encouraged to work hard at increasing their membership in the coming months, and to "enact and address their potential and current member engagement and retention plans." We may hear more about this when the DG visits next week, and I will keep everyone informed of any progress.

During this past week we have been preparing for the DG's visit by completing his memorandum which representatives of the Board will discuss in a Zoom meeting to be held prior to his visit. Our District Governor Dr. Daryl Moran, his wife Jenny, and our new Assistant Governor, Ian Ballantine, will all be attending the meeting on Thursday 15 July.

Last Friday night a group from our Club attended the District Changeover Dinner held at Southern Golf Club. Our Club received a District award for Recognition for Club Projects, and Club PR and Communications (see photos page 2). PP Adrian should be very proud of what our Club achieved in such a difficult year.

My dog, Rosie & I visited the Farmers Market last Saturday. The sun was shining and there was a great buzz from all the shoppers and traders. Thank you to our Team Leader Ken Mirams and all our other great volunteers.

This week we are also preparing for our first Board meeting on Tuesday evening. A reminder that any Club member is welcome to attend, as long as prior notice is given to our Secretary, Greg Every.

Yours in Rotary
Lynda



Next Meetings

Thursday 15 July

DG Visit

Cash Desk: Vivian Zoppolato, Jan Cooper

Thursday 22 July

Arna O'Connell

Cheltenham Community Centre

Chair: Chris D'Arcy

Cash Desk: Adrian Culshaw, Mary Cunnington

Thursday 29 July

Irene Shaw,

Law and order

Chair: Jan Cooper

Cash Desk: Chris D'Arcy, Soula Deville

Thursday 5 August

Fellowship

TBA

Venue is VGC, 6:50 for 7:00 unless otherwise noted.
Covid rules apply as advised.

Were available more detail of the speakers topic can be found in the Club Calendar on our website.

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Other Club's News

Market Report

After a crisp morning start the weather was kind to us. A total of 57 stalls and 5 new ones. The QR scanning worked well and we had a balance of cash and pay by card. The EFTPOS machine is fairly easy to use and some members learnt a new skill on which buttons to press prior to waving the card. A good steady crowd all day. Thanks to all those who helped prior, on and after the market.



This Week's Speaker

Victor Perton

Optimism: Why and How



Victor Perton is the Chief Optimism Officer of The Centre for Optimism. The Centre for Optimism you ask? The offspring of stateless refugees from the Baltics, Victor's early working years were spent in the law, politics and public policy culminating in 18 years in the Victorian Parliament. After politics, Victor worked as Commissioner to the Americas working across North and South America on Foreign Direct Investment and Export Promotion. This was followed by service as Senior Advisor to the Australian G20 Presidency. Returning to Melbourne, Victor was surprised by the negativity around Australian leadership and increasing levels of anxiety and depression in our community. This led to the founding of The Australian Leadership Project and, after a Eureka moment at the Global Integrity Summit 2017, the founding of its offspring The Centre for Optimism. Today Victor's work centres on asking people the question "What makes you Optimistic?"

Victor was a dynamic and infectious speaker. He had us on our feet and laughing just to get us in a positive mood. He told us about his work in teaching hardened prisoners to be optimistic. The following extract from his website (see below) covers the gist of his message.

We are all called to lead from early childhood to our death-bed - at work, in family and in community.

In most of my speeches and presentations, I ask the audience to shout out a mantra "The Leader looks like the person in MY mirror." I ask them to look into the eyes of the person next to

them and say "The leader looks like the person in your mirror."

It's evocative and usually stirs smiles, laughter and joy in the group. I suggest using lipstick or post-its, people write on their mirrors at home and work, "The Leader looks like the person in MY mirror."

So the idea is it's not "them", it's "me" the leader who needs to step up and take action.

As a song says we don't need another hero - the times call for realistic and infectiously optimistic leadership.

The Centre for Optimism is, in part, the result of thousands of interviews on leadership and especially Australian leadership through the Australian Leadership Project. After the interviews and scientific cross-referencing, we concluded the leadership is pretty good characterised by egalitarianism, self-effacing humour and no bullshit plain speaking.

So even after thousands of interviews, conversations and contemplation, I remained perplexed by the negativity around leadership in Australia at every level.

The Eureka moment came in late 2017, it's not the problem of leadership, per se, it's a fog of pessimism.

Media or culture? The zeitgeist in the global news media is pessimistic and cynical and for most people the news is a filter to what's happening in national and global affairs. The reality of lived life is most happy and positive.

How do we find our way out of the fog of pessimism? We need beacons of optimism. We need infectiously optimistic leaders and that's you.

So I went back through my interviews and research and found a common thread. The best contemporary leaders are infectiously optimistic and grounded in reality. This conclusion is underpinned by global leadership research at organisations like McKinsey and Korn Ferry. Its verified by the lived experience of leaders like Nelson Mandela.

The best leaders are realistic and infectious optimists and lead their teams to discover greater optimism, resilience and self-mastery.

At the Centre for Optimism, we work around self-driven optimism and infectious optimism. We are explicitly realistic focusing on action and opportunity countering negativity and fear.



This Week's Speaker

In our corporate and institutional work, we ask senior leaders to open up conversations right across the business on what makes the team members optimistic. It's not the rah-rah speech from the front, it's the leader who empowers the optimistic leadership of people across the whole team.

The most important thing to do is to ask yourself and to ask others, what makes you optimistic? Then write optimistic strategies and plans, take action and seek opportunity based on that self-knowledge.

Best wishes in your realistic and infectiously optimistic leadership.

His hints for being optimistic include:

- Smile
- Laugh
- Imagine Your Best Self in 5 Years time and hand write a day in your life.
- Keep a Gratitude Journal
- Ration your daily news intake (too negative)

There is so much more to be found on the Centre for Optimism's website

<https://www.centreforoptimism.com/>

"What supports your optimistic outlook?"

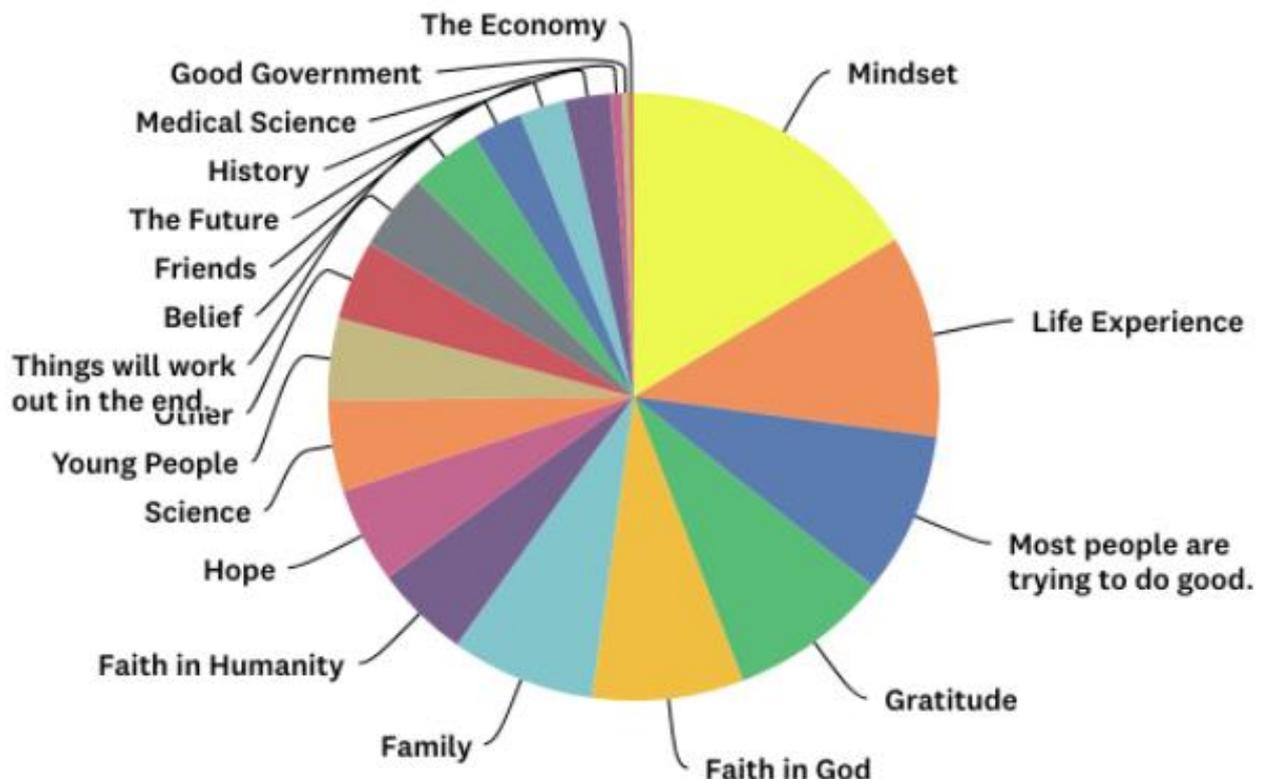
We ask, "What supports your optimistic outlook?" and offer a series of options derived from our first global survey and the answers we have received from thousands of people.

The top answers in order are Mindset; Life Experience; Most people are trying to do good; Gratitude; Faith in God; Family; Faith in Humanity; Hope; Science; Young People; Things will work out in the end; Belief; Friends; The Future; History; Medical Science; Good Government; and, The Economy.

See the pie chart below which gives the quantitative results.

would be super if the members would take the 5 minute survey "What makes you Optimistic?"

<https://www.surveymonkey.com/r/Optimism2021>



Foundation

Foundation Facts #2 – What is Paul Harris Fellow Recognition?

The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of US\$1,000 to The Rotary Foundation. Rotary established the recognition in 1957 to encourage and show appreciation for substantial contributions to what was then the Foundation's only program, Rotary Foundation Fellowships for Advanced Study, the precursor to Ambassadorial Scholarships.

Rotarians have a tradition of supporting the Foundation by individual contributions or through contributions made to The Foundation by their club. In the latter case for every US\$1,000 dollars the club donates it is entitled to award a Paul Harris Fellowship to a club member who is adjudged to have made a tangible and significant contribution to the operation of their club and the work of Rotary.

If you want to join a long tradition of Rotarians who make the Rotary Foundation one of their charity choices talk to the club's Foundation Chair, Chris D'Arcy. If you already give to The Rotary Foundation, thank you

\$26.50 **What's the**
← connection? →



Well, one is the answer to last week's Foundation quiz and the other was the inaugural prize. As there were no correct answers e mailed to me the prize rolls over to this week.

This week's question. How many ordinary members (excludes honorary members) of the Beaumaris Rotary Club are Paul Harris Fellows? Hint, you might find the latest members list useful. The first club member to e mail me with the correct answer wins a bottle of Black Jack Bendigo Shiraz, vintage 2010. If it is not won this week the Foundation Chair will be drinking it.

Chris D'Arcy Foundation Chair



Club Sponsors



GREG HOCKING
BAYSIDE LIVING

The House of Golf.

Mentone

Club Sponsors



Discount for Beaumaris Rotary Members

Beaumaris
Community Bank[®] Branch



Club Structure

RCOB BOARD

President Lynda Doutch
Secretary Greg Every
Treasurer James Glenwright
Club Services & PE Chris D'Arcy
Past President Adrian Culshaw
Farmers Market Chris Mara
Community Richard Jones
International Mark Perelaer
Membership Denise Grocke
Youth Michelle Butt

Community- Chair Richard Jones
 Jan Cooper Mary Cunnington
 Jude Kavanagh Roy Seager
 Roy Downes Jan Cooper
 Mary Sealy Ken Mirams
 Chris D'Arcy Chris Mara
 Kerrie Geard Soula Deville
 Malcolm Sawle (Sustainability)
 Gail Anderson Lois Lindsay

International - Chair Mark Perelaer
 John Manks Geoff Stockdale
 Fred Hofmann John Sime
 Clem Quick Simon Kavanagh

Richard Potter Tony Mc Kenna
 David Rushworth
Youth – Chair Michelle Butt
 Bridget Hage Simon Kavanagh
 Antony Nixon Trish Smyth
 Vivienne Zoppolato
Indigenous - Chair David Hone
 Robert McArthur Chris Mara

Membership – Chair Denise Grocke
 Soula Deville Malcolm Sawle

Club Service Chris D'Arcy
 Almoners Julie Reith, Gail Anderson
 Archivist Malcolm Sawle
 Attendance John Beaty
 Financial Reviewer Tony Phillips
 Club Protection Officer Ken Mirams
 Newsletter, Website, Facebook
 David Lea
 Fellowship Megan Glenwright
 Foundation Chris D'Arcy
 On to Conference Adrian Culshaw
 Speaker Program, Dining & Duties Roster
 Bridget Hage

District Officers

Assistant Governor for Monash A Cluster
 Chris D'Arcy
 District Compliance Officer Ken Mirams
 District Indigenous Support Committee
 David Hone

Bayside Charity Golf Day

Peter Flude James Glenwright
 Jim O'Brien Richard Jones

Farmers Market – Chair – Chris Mara

Ken Mirams Liz Tanzimat
 James Glenwright Charmaine Jancz
 Julie Reith Bridget Hage
 Vivienne Zoppolato

For photo details see page 2

'Incense
 Stickmaking' in
 Quang Phu Cau,
 Vietnam. Finalist.
 PHOTO:
 @HARRYHARTANTO,
 INDONESIA - AGORA

