

Presidents Report

As I am suffering from a bout of “Man Flu”, the worst possible type one can catch!!, it is fitting that we had the pleasure of Judy Reeves, Director of Nursing and Services at Sandringham hospital to speak to us. To hear the history of the hospital, the issues they are addressing and details of their 50th year celebration, makes one realise what a valuable asset we have in our community.



On behalf of the Rotary Clubs of Beaumaris, Hampton, Sandringham and Mordialloc, District 9810 and two of our members' personal contributions, we were able to hand over a cheque to Judy of \$9547 to go towards the “Birthing Centre” project. Thanks to Chris D’Arcy, the Rotary Clubs and others who have helped bring this vital community project to reality.

We had a much larger group this week with travellers like Susan De Bolfo returning from Europe, but just as I say that, the McArthur’s and Every’s are about to head off. We wish them safe travels.

We have all the requirements to seek planning approval for the Farmers Market and Peter is working

Next Meeting

THURSDAY 4 SEPTEMBER
FELLOWSHIP NIGHT



19 – 21 MELROSE STREET SANDRINGHAM
6.30 FOR 7.00 PM

THURSDAY 11 SEPTEMBER

SPEAKER: SCOT WALKER, SES
TOPIC: STATE EMERGENCY SERVICES
CHAIR: ROB FENTON
AV: ADRIAN CULSHAW
CASH DESK: MALCOLM SAWLE, MARTIN FOTHERGILL
HOST: JOHN MANKS

THURSDAY 18 SEPTEMBER

SPEAKER: GEOFF MILES
TOPIC: THE SMITH FAMILY YOUTH PROGRAMS
CHAIR: GEOFF STOCKDALE
AV: ROSS PHILLIPS
CASH DESK: MALCOLM SAWLE, MARTIN FOTHERGILL
HOST: KERRIE GEARD

THURSDAY 25 SEPTEMBER

SPEAKER: JEFF COX
TOPIC: FIVE STEPS TO GET WELL AND LIVE WELL
CHAIR: PETER FLUDE
AV: GREG EVERY
CASH DESK: ROY SEAGER, ROGER FREWEN
HOST: MIKE HEDE

Unless stated otherwise venue is Victoria Golf Club
6.30 for 7.00

Contents

1	Presidents Report
2	Notices
3-5	This Week's Speaker
6	Hampton Rotary Trivia Night
7	Club Structure / Picture of Week

through the list so we can make our submission. It is a little ironic that we have to pay \$758 for the permit, when Bayside and others ask us to make contributions to the community in orders of magnitude greater. To me this is \$758 lost that we could have put towards community projects, however we have a strong belief that the market is a great project and once we are through all the red tape we will have a very important ongoing project that we can build on.

Friday night saw a number of our club members and partners attend the RSL dinner and band night. I must say it is hard to understand why this venue is not more heavily frequented. The food is excellent and modestly priced and you even have a chance to win the meat raffle! For those of you who haven't visited the RSL, I would recommend you give it a try.

Next week is our first fellowship night, then the week after you will have a change with Trish at the helm, while the Jones and Mirams have a one week break in Mooloolaba, recharging for the rest of the Rotary year.

Looking forward to seeing you on Thursday.

Ken

LATEST NEWS FROM INTERPLAST



“Great News from Interplast

Interplast is delighted to announce that we have recently been awarded full accreditation

Beaumaris Community Bank® Branch
32 East Concourse
Phone 9589 5366



as part of the Australian Non-Government Organisation (NGO) Cooperation Program, referred to as the ANCP.

Through the program, the Department of Foreign Affairs and Trade (DFAT) partners with Australian development NGOs who implement their own development and poverty alleviation programs overseas.

The accreditation process aims to provide DFAT and the Australian public with confidence that the Australian Government is supporting professional, well managed, community based organisations that are capable of delivering quality development outcomes.

"Whilst Interplast has been working in the development sector for over 30 years, this is recognition of our increased capacity, our solid development approach and increasing public support" says CEO, Prue Ingram.

With your ongoing support it creates opportunities for Interplast to grow and expand our work across the Asia Pacific region, and respond to increased demand for our services, building sustainable health systems in the countries we work with over the long term. Our Federal Government funding represents under 25% of our annual expenditure. It is your support that ensures we can achieve all that we do.

Thank you for your continuing support of Interplast. “

Note; As part of our arrangement with Hocking Stuart discounts on agents fees are available to RCOB members.



hockingstuart.com.au

Hocking Stuart Sandringham
62-64 Station Street
Telephone: 03 9521 9800

Speaker: Judy Reeves

Topic: Sandringham Hospital history & future

Judy Reeves has been the Director of Nursing at Sandringham since March 2010. Her role also included the Program Director for Women and Children, until the Maternity and Gynaecology service was successfully transferred to the management of the Royal Women's Hospital in October 2013.

Prior to her current position, Judy has worked for many years for Alfred Health. Amongst the roles she has held are: Nurse Manager of Colorectal, ENT, Vascular and Plastics ward; inaugural Co Director for Infectious Diseases, during which time she and her colleagues worked on the successful tender for and subsequent transfer of the HIV service from Fairfield Hospital to the Alfred; Co Director Medicine and Emergency services, which included the major redevelopment of the Emergency Department at The Alfred.

Judy's focus thru out her career has been on continually striving to improve the way we care for patients and how we practice Patient Centred Care. This has included the implementation of Primary Nursing across the Alfred and more recently involved the transition of the Maternity Service to the Royal Women's and an Alfred Health project to implement a Paediatric Governance system in a predominately adult health care service. Her interests also include leadership development of staff, the dynamics of teams and change management.

Judy gave such a comprehensive talk, and the topic is of such interest to the local community that we have reproduced her speaking notes in there totality here below.

Thank you for inviting me to talk about Sandringham Hospital tonight.



Today I would like to talk to you about the history of Sandringham Hospital, our 50th anniversary, update you on our latest community consultation and service and structural improvements, and detail what Beaumaris Rotary has done for Sandringham Hospital and our community.

Sandringham Hospital was conceived by an idea that the community gave rise to 20 years before it first opened its doors. This year Sandringham Hospital is celebrating 50 years since it began caring for our community. It has remained as ingrained to the Bayside community today as it was to those who helped establish it all those decades ago.



Since the official opening on March 15, 1964, it has been a unique hospital. Sandringham Hospital's ties to the community have always been strong. In fact, its development, and the funding to support it, initially came from the local community.

Originally developed with 88-beds for emergency and maternity care, the Bluff Road hospital was designed to eliminate the need for local residents to seek care in the city.

It also came with a promise — offering local residents high quality public healthcare at no cost. It was a promise that was delivered.

The hospital was built at a time of political and economic uncertainty. Post-war material shortages hampered the attempts of a small group of dedicated Sandringham residents, health administrators and local politicians. However they persevered and succeeded.

Today, more than 33,000 patients pass through

the emergency department doors each year — one in four are children — and a range of high level services, including maternity services, continue to be offered on site.

The hospital could not have been built without the support of its staff, the local community and the various hospital auxiliaries and volunteers. This year we look back at the achievements of the hospital and look forward to what else we can accomplish in the decade ahead.

During 2014 we have organised many events to celebrate our 50th milestone.

The first event was held in March, when local Bayside city councillor Felicity Fredrico, organised a community fundraising event, The Mad Paddle. This saw over 40 paddlers make their way across Port Phillip Bay to the Sandringham Yacht club and raise funds for the hospital. Local Federal Minister Andrew Robb and State Member, Murray Thomson supported the event which raised over \$25,000 for Neonatal monitoring equipment.

In June we had a thank you cocktail event at the Sandringham Yacht Club for our major supporters and fund raisers. This included the minister for health David Davis, The Board chair of Alfred Health, Helen Shardy, and Chief Executive Andrew Way and the Chair and CEO of the Women's. Ken Mirams also attended representing Beaumaris Rotary.

The latest event, only a few weeks ago, hosted over 115 past Sandringham Hospital staff members at a lunch hosted by 3AWs Dr Sally Cockburn to celebrate Sandringham Hospitals 50th anniversary. Held at The Brighton Savoy, entertainment included a staff panel discussion held by Sally Cockburn, and a roving "Oprah style" microphone discussion with those in the room. David Hobby, one of the panellists, was the General Manager of Sandringham Hospital for over 20 years. He explained that the respect everyone had for each other, no matter what level you were at, made it a very special place to work.

Among the attendees was Betty Pitts, one of the first nurses who worked from 1963 to 1974 and Dr Howard Farrow, Sandringham's very first doctor.

In October this year we also look forward to

holding a staff ball at the Sandringham Yacht Club.

To involve our local children in the 50th celebrations, we have asked all local primary school students to get out their paint brushes, and participate in our art competition. Through art we are hoping to teach our local children more about Sandringham Hospital and what it means to live in our wonderful Bayside community. This will be judged by local artist Vivi Palegeorge, a Bayside resident of 20 years. And to demonstrate the enthusiasm this has generated, one school alone had 470 entries!

Throughout the year, Sandringham departments and wards have also been running monthly activities to celebrate 50 years. Many of these have detailed the changes to medical care throughout the past 50 years.

I am often asked by community members who drive by and notice construction and tradesman out the front - "So, what's been going on at Sandringham Hospital recently?"

Well, it all began in 2012. Alfred Health consulted the community on the changes and enhancements planned for the services at Sandringham Hospital in the years ahead. We wanted to ensure that the vision Alfred Health had for the future, was a true reflection of the services our community wanted from their local hospital. Two years later, the '**Improving care for our community**' program has delivered on its commitment.

We have:

Opened a \$6.5m expansion and refurbishment of our emergency department — including the addition of six short stay beds

We have launched the first urgent care centre located in a Victorian public hospital - helping to give patients who present to our emergency department with GP-like healthcare needs more timely access to treatment.

We have improved our environment and policies for paediatric care - providing better comfort and support for the more than 8,000 children who present to our emergency department each year

We have given elective surgery a boost with the introduction of ophthalmology day surgery in January 2104, as we start increasing outpatient

services.

Importantly, and significantly, we have also partnered with The Royal Women's Hospital to deliver specialist maternity care.

This change, which commenced in October last year, now sees the Women's providing maternity and gynaecology services at Sandringham Hospital. This extends on a quality program and provides grounding for sustainable growth into the future

This model is a fine example of how two health services can work together to deliver excellence in healthcare, and recognises the specialist services we have within the Victorian healthcare system.

Much of our advancement has been achieved largely through the support of state and federal governments and the involvement and goodwill of many people and groups such as yourselves, the Beaumaris Rotary.

Whilst our consultation with the community was overwhelmingly positive, there was one area of concern that was raised. That was that the hospital did not have a chapel or area for quiet reflection. When Ken Mirams came to see me that year to discuss opportunities to work together we identified that the Beaumaris Rotary Club could assist in the creation of a "Reflection Themed Garden Gazebo" in the hospital grounds.

This would be an area that patients, staff and family could use to help deal with, and work through issues they may have been facing in a space that provided tranquillity and peace and privacy away from the normal hospital environment.

In 2013 with the assistance of \$4000 raised by yourselves and \$2000 from a district grant the Gazebo was completed. Malcolm Sawle, Geoff Stockdale, Ray Seager, Richard Jones, Chris D'Arcy and David Greenall then did a terrific job of painting the Gazebo to complete the project. A garden was also planted to further enhance the area.

In addition, the Rotary club applied for a Bayside Council Mental Health Grant. Sandringham Hospital had recognised the need to provide support for women at risk of antenatal and postnatal depression and this grant helped to support a specialist mental health clinic that had recently been established. Sometimes the over whelming joy of a baby can be overshadowed by feelings of sadness. Postnatal depression affects one in seven mothers in Australia.

Although more common in women, postnatal depression can also occur in men. Estimates of the frequency of depression in men during the antenatal and postnatal period vary from seven per cent to as high as thirty per cent. Men are less likely to talk about it or to seek help. This clinic seeks to address some of these issues.

To further enhance this program and expand the service to meet demand, a room had been identified within the Maternity Department. The room however, needed to be prepared to provide the appropriate ambience and privacy to enable support and counselling to take place. Of primary importance was the provision of window coverings for privacy and furniture and furnishings to ensure a relaxed and welcoming atmosphere.

Rotary were very kindly able to assist with the purchase of these. This year you have also been active in assisting the maternity service to upgrade the birth centre waiting room. This room is used for both partners and support people for women in labour. It is poorly furnished and presently is rather uncomfortable for those staying often many hours. With the help of three other Rotary clubs you have been granted a District rotary grant to upgrade this area. In addition, two of your members donated a recent golf cash prize of \$500 to the Birthing Centre Waiting Room Upgrade project.

These changes have positioned the hospital to deliver long term benefits and are a realisation of our community commitment.

'Improving care for our community' is more than a slogan. It is a consultative approach to service redesign, and the way in which we have chosen to grow with and for, our community. Yet we know the journey does not stop here. In our 50th year we want to continue to build on these successes, by planning services and programs for the next 10 to 20 years.

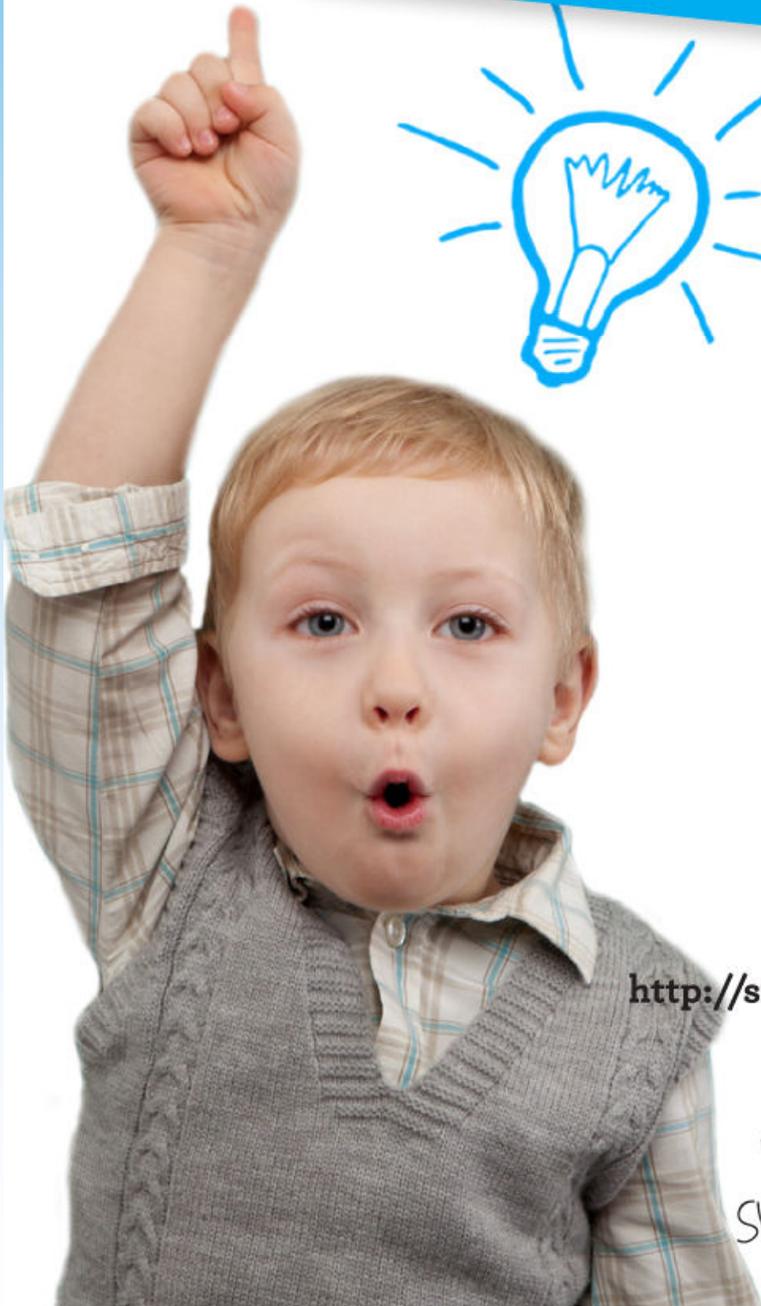
Future investment is needed to ensure Sandringham continues to operate as a modern hospital; giving the local community even greater access to quality local health care.





16th GREAT SOUTHERN TRIVIA CHALLENGE

FRIDAY 17th OCTOBER 2014



Time: 7.00pm

Trivia starts at 7.30pm sharp!

Sandringham Football Club
Beach Road, Sandringham

BYO Supper
Drinks at Bar Prices
Cost: \$25 per head

- Tables up to 10
make your own or join a group
Bring plenty of gold coins for
games and raffles

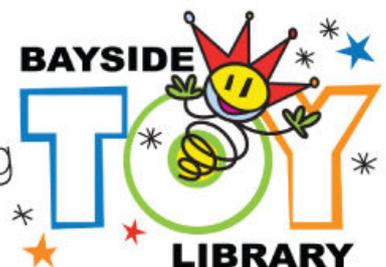
Enquiries:

Helen Wragg - 0418 530 800

Online Bookings by 3 October

<http://silverhook2014.eventbrite.com.au>

PROUDLY
SUPPORTING



CLUB STRUCTURE 2014 - 2015		UPDATED 28/07/2014	
BOARD		CLUB SERVICE	
<i>President</i>	Ken Mirams	<i>Director</i>	Trish Smyth
<i>PE, VP</i>	Trish Smyth	<i>Auditor</i>	Tony Phillips
<i>Secretary</i>	Roy Seager	<i>Program</i>	Richard Jones
<i>Treasurer</i>	James Glenwright	<i>Meeting Attendance</i>	Trish Smyth
<i>Foundation</i>	Mike Hede	<i>Communications</i>	David Lea
<i>Branding & PR</i>	Malcolm Sawle	<i>Fellowship</i>	Megan Glenwright
<i>International</i>	John Beaty	<i>Photographers</i>	John Beaty, Greg Every
<i>New Generations</i>	Rob Fenton	<i>Almoner</i>	Geoff Stringer
<i>Community</i>	Chris D'Arcy	<i>Chair /Host /Cashiers /AV</i>	Roster
<i>Fundraising</i>	Adrian Culshaw	<i>Youth Protection Officer</i>	Malcolm Parks
<i>On to Conference</i>	Robert McArthur [^] *		
TEAM MEMBERS			
International	Community	New Generations	Fundraising
Fred Hofmann	Geoff Abbott	David Rushworth	Harry Wolfe
John Sime	Kerrie Geard	Mary Sealy	Heather Chisholm
David Langworthy	Richard Shermon	Tony McKenna *	Roger Frewen
Geoff Stockdale	Susan De Bolfo	LOA	Geoff Stringer
Ross Phillips	Tony Phillips	David Greenall	David Hone
Malcolm Parks	David Greenall	Chris Martin	Judi Hall
John Manks		Royal Melbourne Golf	Charmaine Jansz
	Branding & PR	Jim O'Brien	Antony Nixon
Concourse Festival	Peter Flude [^]	Harry Wolfe	Peter Flude
Kerrie Geard	Martin Fothergill	David Hone [#]	Mike Hede
Masters Golf Parking	David Lea	MUNA / NYSF	
James Glenwright		Heather Chisolm	
	[^] Farmers Market	[#] Indigenous Project	[*] District

Sandringham Hospital facts:

Plans for a circular design hospital were submitted by Tasmanian architect J. Esmond Dorney in 1961 and approved – a major departure from traditional hospital design;

The first patient was admitted on January 8, 1964. Her baby was born the following day;

Sandringham Hospital's official opening was held on March 15, 1964 (see photos on right);

A damaged vinyl floor tile led hospital administrators to issue a notice that stiletto heeled shoes not be worn in the hospital. These notices were also placed in the local newspaper;

In July 1964, local doctors estimated the midwifery intake to be 700 to 800 per annum. In the first year, 642 babies were born. In 2013, 1,183 babies were born at Sandringham Hospital;

In 1970, an extension was completed, providing an annexe. This increased bed numbers to 110;

In 1974, Sandringham had a total of 33,215 admissions and 14,689 outpatients;

In the decade between 2004 and 2014, 10,566 babies were born, 56,467 outpatient appointments were conducted, there were 287,411 presentations to the emergency department and 172,357 admissions;

